

Residential Certified

Permaculture Design Course

Earth Care, People Care, Future Care

July 27th - August 8th 2024

at Bhumi's Farm, Möllenäsvägen 83-7, Lövestad, Sweden



Permaculturalists design the future,
cultivating resilience and
abundance for generations to come



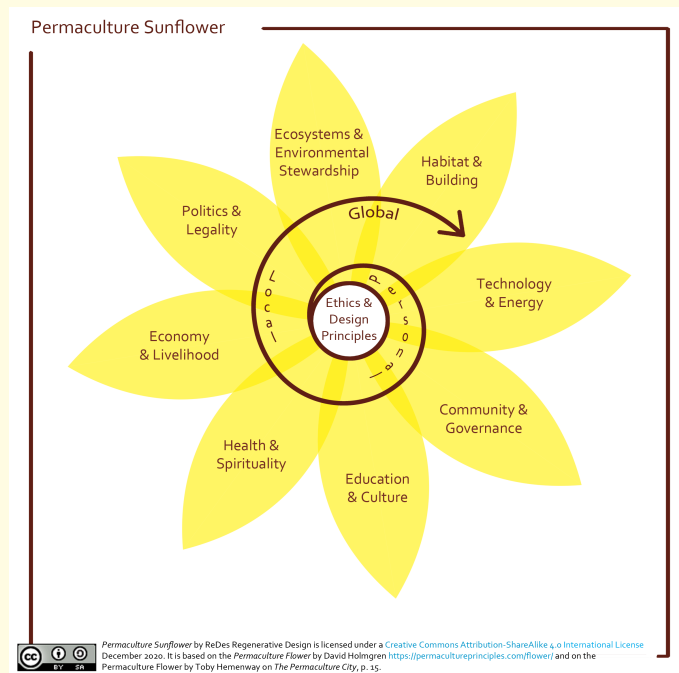
More info and Sign up at
www.re-des.org/pdc-bhumis-farm-2024/

THE NORDIC PERMACULTURE ACADEMY



The Permaculture Design Course (PDC) is a 72+ hour certified training course in which you will learn ethics, principles and strategies of Permaculture as well as specific techniques that will allow you to help the regeneration of ecosystems and the creation of abundant environments for us and the rest of nature.

The CDP is a holistic course that encompasses a wide range of topics that show how to work with our ecological and social environment. In order to strengthen the Permaculture community in Skåne, Sweden, as well as the rest of the world and link various related initiatives, we need a common basis to understand each other. The PDC gives us the possibility to “speak the same language” and gain a solid foundation of design skills that we need to make the necessary changes and transform our environment so that it is resilient, regenerative and ecologically alive.



What is Permaculture

Permaculture is a holistic design system that integrates traditional wisdom, science and modern technology to create production systems and living spaces in harmony with the ecosystems of which they are part.

Most sciences have been developed under a reductionist approach that separates everything - the soils, the plants, the insects - and examines each of these elements in great detail, but as isolated elements. Permaculture, on the other hand, is based on ecology, which is the study of the interrelationships and interdependence of living organisms in their environment and uses this study to design environments in which humans participate. The result is a new way to sustain and enrich life, avoiding social and environmental degradation. Permaculture design focuses on the connections between things, to create something greater than the sum of its parts.

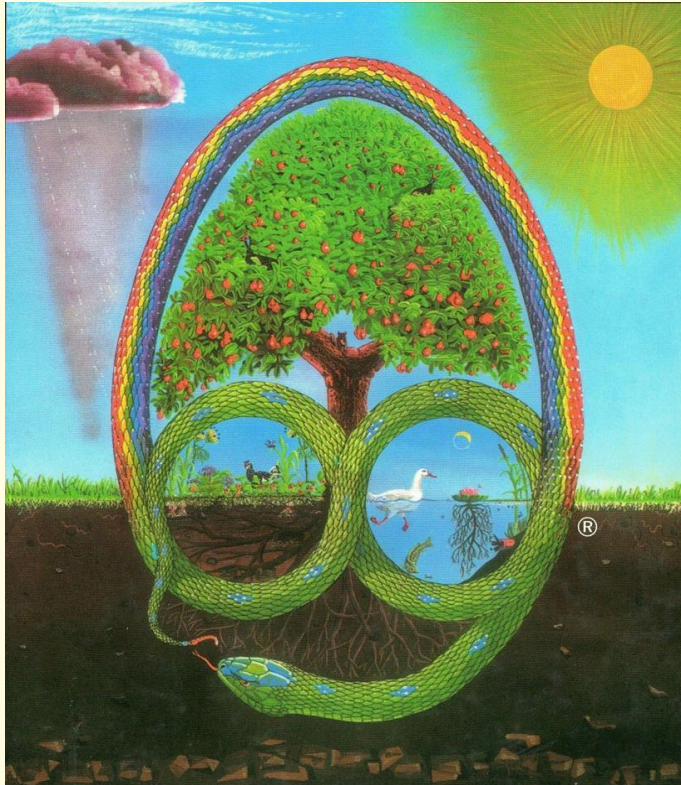
From here, Permaculture is supported by a framework that contains three ethical principles:

EARTH CARE so that all life systems continue and multiply

PEOPLE CARE so that they have access to the resources that are necessary for their existence

FUTURE CARE to distribute resources with the objective of promoting the two previous ethics

Course Description



Essential theory and practise for the regeneration and management of living spaces. With special attention to cold climates.

Holistic thinking and action to create self-sufficient, sustainable and profitable long-term living models. With theory, dynamics and practical examples to live the experience.

During this workshop we will touch on a variety of topics to cover the most relevant ideas and practices.

- We will connect with the Ethics and principles, the bases of permaculture.
- We will delve into the holistic design strategies and tools that permaculture provides us with.
- We will learn to cultivate the garden with regenerative and natural agriculture techniques.
- We will understand the essential concepts for creating and managing food forests and other agroforestry systems.
- We will build walls with natural materials such as mud and straw
- We will cook and savour foods with Symbiotic nutrition that fill us with health.
- We will delve into the diversity of appropriate technologies of our interest
- We will explore community life, self-management and its ins and outs.

Tools to face global warming

We live in a time of great global changes and many international movements (Extinction Rebellion or the Fridays for Future student strikes) draw the world's attention to the great challenges we face.

Permaculture provides us with tools of observation, analysis, design, implementation, maintenance, evaluation and celebration that allow us to design the future we want.

Facilitation Team



Alessandro Ardovini

I am from Ceccano, Italy, and I have lived in many places and countries. I'm very interested in daoism and narrative (storytelling) in all its forms: from literature to cinema, to comics, to theatre to oral literature. I like early and traditional music and I am an animal rights activist.

I first encountered Permaculture in 2009, in Vancouver, Canada where I moved after getting my Specialistic degree in foreign languages and literature. It changed my life: I had never thought there would be a name for something I always felt deep inside. So I decided to go for it! I learned, I practised, I taught, I explained, I helped bring people together and then I started the cycle again, and again. I gained most of my permaculture experience in Catalonia and Spain, where I lived for 10 years, where I co-lead Permacultura Barcelona and co-created the Spanish National group Permacultura Íbera, its Academy and the regional permaculture group of Northeastern Spain. There I also got my Diploma in Applied Permaculture Design in 2017. In September 2022 global warming (very visible in the Mediterranean) and the prospect of ever longer and severe droughts took my family and I to Höör, Skåne, after an observation trip that took

us as far up as the Höga kusten.

The things that motivate me the most in permaculture are teaching, building and maintaining communities and making permaculture more accessible and visible. So I wrote, together with my wife, *The Wheel – An Il·lustrated Novel·l about Permaculture in a Solarpunk Fashion*, which unfortunately is only available in Spanish at the moment. I have also created various visual tools that are an attempt to explain permaculture's complex theory and concepts in a visual way.



Emilia Krohn

I was born and raised in Finland, and in my childhood also spent some years in Africa as my father worked in the University of Lagos. A passion for nature and concern of the many environmental problems caused by humans started in my teens, as I devoured books like "The silent spring" and "Limits to growth" as soon as they were translated (my mother was a librarian). In my early adulthood I became interested in Asian Vaishnava philosophy, lived some years in an ashrama and translated Bhagavad Gita As It Is into my native language.

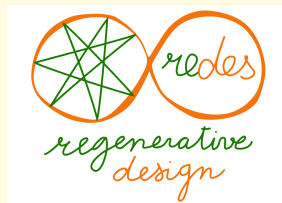
After having 2 children, living in the countryside of Scania I started to study landscape architecture in SLU (the Agricultural University of Sweden), focusing on management and restoration of natural landscapes. Afterwards I worked with local and regional projects concerning conservation and protection of nature in Scania. I "always" had my own garden and gradually also gained long experience in management of grazing lands and semi-natural areas in Scania. I earned my Permaculture Design Certificate in 2012 and since then have held a dozen Permaculture courses on my farm in Lövestad, Sjöbo.



Bhumi's Farm Sanctuary

Bhumi's farm is primarily a sanctuary for the animals on the farm and their caretakers. Secondly, it is an organic farm growing vegetables, berries and herbs with the help of young volunteers from all over the world. It functions as a small community focused on self-sufficiency, ethical animal husbandry and education.

Bhumi's farm seeks to exemplify and inspire a symbiotic relationship between humans and farm animals. It is constantly developed using design principles from Permaculture and Regenerative Agriculture. Composted manure is used for building soil for green house and kitchen gardens. Old potagers are turned into forest gardens. Trees are planted for fodder and lee, ponds dug for wildlife, wildflowers and hedges planted for pollinators. Herbs and medicinal plants are planted for the benefit of residents as well as for selling.



ReDes – Regenerative Design is the personal project of Alessandro Ardovini and his partner Ester Galeote Nadal. It deals with Permaculture, Sociocracy, Solarpunk and the development of digital tools. <http://www.re-des.org/>



Permakultur i Skåne (PiS)

Our goal is to spread knowledge, experiences and ideas about how permaculture can function as a design tool for a sustainable society where care for nature, animals and people is crucial. We are part of a national and international network where courses, gatherings, certifications and diplomas are some of the ways we develop our skills together with other permaculture enthusiasts.

<http://www.permakulturiskane.se/wordpress/>



The Nordic Permaculture Academy is aimed at promoting skilled Permaculture Designers through mentoring and accreditation of Diplomas in Applied Permaculture Design. We look forward to following and supporting your work and development in creating a regenerative world! <https://nordicpermacultureacademy.org/>

Practical information

Inscription

This course is designed for anyone who is concerned about transforming their immediate environment into a more resilient one. To start the registration process you must fill out the form at the following link: <https://forms.gle/CTPS8kEnVuNh3e7u6>

The course will be held in English.

If you have any questions, contact us at: krohnemiilia@gmail.com, alexardov@gmail.com or by calling +46 70 898 76 51 (Emilia) or +46 72 83 47 532 (Alessandro)

Price

Personal contribution from apprentices

Deposit

To finalise your reservation for the 2024 Permaculture Design certificate Course at Bhumi's Farm Sanctuary and confirm your place, make the deposit for the value of 3000 SEK to the following account number:

Concept: PDC Bhumi's Farm Sanctuary

Beneficiary: Emilia Krohn

Amount: 3000 SEK

Länsförsäkringar, 9060- 37.911.90

IBAN: SE50 9020 0000 0906 0379 1190

BIC/SWIFT: ELLFSESS

This money will be deducted from the final price of the course and the rest of the cost will be paid directly at the Center itself, once the course has started.

This money will be returned in full if the course is not held.

If due to lack of money you cannot participate, please contact us and we will find a different formula.

Once the minimum expenses are covered, we offer the possibility of paying a portion in social currency. We want you to be able to participate and we want to be able to continue offering our work. We give these options because we always try to reduce course expenses to a minimum.

At the same time, we believe that it is important to value the work of the trainers and the possibilities of everyone, thus applying the permaculture ethical principle of Fair Share.

Full workshop price

SEK 6900 until June 23rd

SEK 7400 after June 23rd

This price includes more than 72 hours of experience, theory and applied practices, as well as materials, a complete menu, camping space*, access to the workshop content library and official PDC certificate from the Nordic Permaculture Academy and the Spanish Academy of Permacultura Íbera.

* If you do not want to use a tent or other means, you can sleep in a bed for a supplement of 100 SEK per night or 1400 SEK for the entire workshop.

Schedule

Class hours will be from 10:00 a.m. to 1:30 p.m. and from 3:30 p.m. to 6:30 p.m. The starting circle of the day will be at 9:30 a.m. to be able to do content review activities.

Friday July 26th	Arrival at Bhumi's Farm Sanctuary
Saturday July 27th – Thursday August 1st	First part of the course
Friday August 2nd	Break day. Free self-organised activities
Saturday August 3rd – Thursday August 8th	Second part of the course
Friday August 9th	Departure from Bhumi's Farm Sanctuary

It is necessary to attend at least 80% of the sessions and complete the final group design to obtain the certificate.

80% of 72 hours is 57.6 hours. You can miss a maximum of 14.4 hours, that is, 9 sessions of one and a half hours, or two days and one session. If more sessions are missed, the certificate will not be issued. If you don't do the final design, the certificate will not be issued either.

The program may change.

[Click here](#) to see it with more definition and see the updates.

BLOCK 1							break	BLOCK 2					
DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7		DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	
Saturday 07.27	Sunday 07.28	Monday 07.29	Tuesday 07.30	Wednesday 07.31	Thursday 08.01	Friday 08.02	Saturday 08.03	Sunday 08.04	Monday 08.05	Tuesday 08.06	Wednesday 08.07	Thursday 08.08	
08:30 - 09:30	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	
09:30-10:00	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	Morning circle	
10.00-11.30	Introduction to the course	Introduction to Sociocracy	Patterns in nature (P)	Rural Water	Site Analysis - Observation	Zone 0 Structures (P)	Animals, regenerative agriculture	Zone IV Regenerative forests. Zone V Natural forests	Integrated pest management (P)	Community design		Preparation of presentations	
	Everybody	Aless	Aless	Emilia	Aless	Aless	Emilia		Emilia	Aless		Everybody	
11:30 - 12:00	FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	FIKA	
12.00-13.30	Tour of the project	Ethics/ History/ Philosophy of permaculture (P)	Climates + Biozones (P)	Urban Water	Map reading (P)	Zone I Vegetable garden	The Wheel - Design Processes, Methods and Tools (P)	NonViolent Communication NVC	Urban permaculture (P)	Acuiculture (P)	Access to housing and land (P)	Presentations	
	Emilia	Emilia	Emilia	Emilia	Emilia	Emilia	Aless	Hans?	Aless			Everybody	
13:30 - 15:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	
15:30-17.00	Global Challenges or Opportunities for Permaculture (Presentation)	Design Principles 1-6	Microclimates	Soil Theory	From ethics to technique (P)	Zone II Food Forests	Zone III - Productive systems (P)	Composting	Mycelium - the internet of Gaia (P)	From Waste to Wealth through Health: The Terra Plena Project (P)		Presentations of Final Design	
	Aless	Emilia	Aless	Aless	Aless	Emilia		Emilia	Aless	Aless		Everybody	
17:00 - 17:15	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	
17:15-18.30	Ecology/perma culture basics,	Introduction to zones and sectors	Design Principles 7-12	Soil reparation (P)	Sour dough baking	Interview with a client and division of groups for the final design	Presentation of personal designs	Economy (P)	Bioconstruction	Design for Disasters (P)	The PDC is over. And now what? Next steps (P)	Certificates	
	Emilia	Aless	Emilia	Aless	Lars / Eric	Everybody	Everybody		Jeff?		Aless	Everybody	
18:30 - 20:00	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
20 - 21:00 Extra Session	Life Design I							Exchange workshop (P)			Life Design II	CELEBRATION	
	Aless							Aless			Aless		